Santa Rosa County Senior Dining Sites & Activities

APRIL 2025

COUNCIL ON AGING OF WEST FLORIDA, INC.
enior Center

Monday	Tuesday	Wednesday	Thursday	Friday
AmeriCorps Seniors United Way	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 3) Art Class 7) Tai Chi 1) Speaker: Will Worth— Better Business Bureau: Scams	1,3,5,7 Mon-Fri Open for SIT DOWN Meals	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 7) Tai Chi	I,3,5,7 Mon-Fri Open for SIT DOWN Meals
I,3,5,7 Mon-Fri Open for SIT DOWN Meals 5) Speaker: SHINE	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 3) Art Class 7) Tai Chi I) Speaker: Debra Khan-Merorah— Dept. of Elder Affairs - OMBUDSMAN	I,3,5,7 Mon-Fri Open for SIT DOWN Meals I) Speaker: Alesia Macklin - Senior Companion Program 7) Speaker: Sybil Sahuque— Emerald Coast Legal Services	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 7) Tai Chi 3) Speaker: Alesia Macklin - Senior Companion Program	I,3,5,7 Mon-Fri Open for SIT DOWN Meals
1,3,5,7 Mon-Fri <i>Open for SIT DOWN</i> Meals	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 3) Art Class 7) Tai Chi	I,3,5,7 Mon-Fri Open for SIT DOWN Meals I) Speaker: Feeding the Gulf Coast	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 7) Tai Chi	I,3,5,7 Mon-Fri Open for SIT DOWN Meals
1,3,5,7 Mon-Fri Open for SIT DOWN Meals	1,3,5,7 Mon-Fri Open for SIT DOWN Meals 3) Art Class 7) Tai Chi 1) Trivia with MJ	1,3,5,7 Mon-Fri Open for SIT DOWN Meals	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 7) Tai Chi 3) Speaker: Dawn Dorman— Oschner 65+	I,3,5,7 Mon-Fri Open for SIT DOWN Meals
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Senior Dining Sites

Site 1 **Christ Methodist** 5983 Dogwood St. Milton, FL 32570 (850) 426-8110 **Meal Serve Time 11:00**

Site 3 **Chumuckla Community Center** 2355 Hwy 182 West Jay, FL 32565 (850) 994-8811 **Meal Serve Time 11:00**

Site 5 E. H. Pullum Ser 8476 Gordon Goodin Ln. Navarre, FL 32566 (850) 936-1644 Open Monday—Thursday **Meal Serve Time 11:00**

Site 7 **Bagdad Community Center** 6860 Pooley St. Bagdad, FL 32530 (850) 983-4500 Meal Serve Time 11:00

Support Group Meetings

Council On Aging of West Florida 875 Royce St. Pensacola, FL 32503 Second Thursday each month April 10th @ 6:00 p.m. (850) 432-1475

Caregiver Support Group Myrtle Grove Baptist Church 5920 Lillian Hwy. Pensacola, FL 32506 Last Thursday each month April 24th @ 9:00 a.m.

Grandparents Raising Grandchildren Huntington's Disease **Family Support Group** Council On Aging of West Florida 875 Royce St. Pensacola, FL 32503 April 26 @ 10 a.m. (850) 432-1475

> When Roles Are Reversed **Support Group** Ochsner Novant 65 Plus 1095 E. Nine Mile Road Pensacola, FL 32514 For more information, call (850) 558-4665. April 7th @ 5:45 p.m.