Santa Rosa County Senior Dining Sites & Activities

January 2025

COUNCIL ON	
AGING OF WEST FLORIDA, INC.	
EST. 1972	

Monday	Tuesday	Wednesday	Thursday	Friday
AmeriCorps Seniors United Way	Agency on Aging Elder Affairs FLORIDA	New Year's Day CLOSED	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 7) Tai Chi	I,3,5,7 Mon-Fri Open for SIT DOWN Meals
I,3,5,7 Mon-Fri Open for SIT DOWN Meals	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 3) Art Class 7) Tai Chi	I,3,5,7 Mon-Fri Open for SIT DOWN Meals I) Speaker: Catherine Davis HomeFit	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 7) Tai Chi	I,3,5,7 Mon-Fri <i>Open for SIT DOWN</i> Meals
I,3,5,7 Mon-Fri Open for SIT DOWN Meals	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 3) Art Class 7) Tai Chi	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 7) Speaker: Will Wirth (BBB) Scams	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 7) Tai Chi 3) Dawn with Ochsner 65 Plus	I,3,5,7 Mon-Fri <i>Open for SIT DOWN</i> Meals
I,3,5,7 Mon-Fri Open for SIT DOWN Meals	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 3) Art Class 7) Tai Chi 1) Dawn with Ochsner 65 Plus	1,3,5,7 Mon-Fri Open for SIT DOWN Meals 7) Speaker: Denise Manassa CDAC	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 7) Tai Chi	1,3,5,7 Mon-Fri <i>Open for SIT DOWN</i> Meals
I,3,5,7 Mon-Fri Open for SIT DOWN Meals	1,3,5,7 Mon-Fri Open for SIT DOWN Meals 3) Art Class 7) Tai Chi	1,3,5,7 Mon-Fri <i>Open for SIT DOWN</i> Meals	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 7) Tai Chi 3) Speaker: Feeding the Gulf Coast	I,3,5,7 Mon-Fri Open for SIT DOWN Meals

Senior Dining Sites

Site 1 **Christ Methodist** 5983 Dogwood St. Milton, FL 32570 (850) 426-8110

Meal Serve Time 11:00

Site 3 **Chumuckla Community Center** 2355 Hwy 182 West Jay, FL 32565 (850) 994-8811 **Meal Serve Time 11:00**

Site 5 E. H. Pullum Senior Center 8476 Gordon Goodin Ln. Navarre, FL 32566 (850) 936-1644 Open Monday—Thursday **Meal Serve Time 11:00**

Site 7 **Bagdad Community Center** 6860 Pooley St. Bagdad, FL 32530 (850) 983-4500 **Meal Serve Time 11:00**

Support Group Meetings

Council On Aging of West Florida 875 Royce St. Pensacola, FL 32503 Second Thursday each month January 9 @ 6:00 p.m. **Reservations Required**

Caregiver Support Group Myrtle Grove Baptist Church 5920 Lillian Hwy. Pensacola, FL 32506 Last Thursday each month January 30 @ 9:00 a.m.

Grandparents Raising Grandchildren Huntington's Disease **Family Support Group** Council On Aging of West Florida 875 Royce St. Pensacola, FL 32503 **No January Meeting February Meeting TBA**

> When Roles Are Reversed **Support Group** Ochsner Novant 65 Plus 1095 E. Nine Mile Road Pensacola, FL 32514 For more information, call 850 558-4665.