

Santa Rosa County Senior Dining Sites & Activities

August 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals 7) Tai Chi</p>	<p>1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals</p>
<p>5 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals</p>	<p>6 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals 3) Art Class 7) Tai Chi</p>	<p>7 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals 1) Speaker: Feeding the Gulf Coast</p>	<p>8 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals 7) Tai Chi 3) Speaker: Abuse Prevention</p>	<p>9 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals</p>
<p>12 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals</p>	<p>13 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals 3) Art Class 7) Tai Chi</p>	<p>14 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals 5) Speaker: Feeding the Gulf Coast</p>	<p>15 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals 7) Tai Chi</p>	<p>16 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals</p>
<p>19 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals</p>	<p>20 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals 3) Art Class 7) Tai Chi 1) Speaker: Prescription Drug Tips</p>	<p>21 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals</p>	<p>22 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals 7) Tai Chi 3) Speaker: Feeding the Gulf Coast</p>	<p>23 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals 3) Free Mercy</p>
<p>26 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals</p>	<p>27 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals 3) Art Class 7) Tai Chi</p>	<p>28 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals 7) Shine 7) Speaker: Prescription Drug Tips 1) Speaker: Center for Independent Living</p>	<p>29 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals 7) Tai Chi</p>	<p>30 1,3,5,7 Mon-Fri Open for <i>SIT DOWN</i> Meals</p>

Senior Dining Sites

Site 1

Christ United Methodist
5983 Dogwood St.
Milton, FL 32570
(850) 426-8110

Meal Serve Time 11:00

Site 5

E. H. Pullum Senior Center
8476 Gordon Goodin Ln.
Navarre, FL 32566
(850) 936-1644

Open Monday—Thursday

Meal Serve Time 11:00

Site 3

Chumuckla Community Center
2355 Hwy 182 West
Jay, FL 32565
(850) 994-8811

Meal Serve Time 11:00

Site 7

Bagdad Community Center
6860 Pooley St.
Bagdad, FL 32530
(850) 983-4500

Meal Serve Time 11:00

Support Group Meetings

Grandparents Raising Grandchildren

Council On Aging of
West Florida
875 Royce St.
Pensacola, FL 32505
Second Thursday each month
August 8 @ 6:00 p.m.
Reservations Required
850 432-1475

Caregiver Support Group

Myrtle Grove Baptist Church
5920 Lillian Hwy.
Pensacola, FL 32506
Last Thursday each month
August 29 @ 9:00 a.m.

Caregiver Support Group

Holley – Navarre
Intermediate School
1936 Navarre School Rd
First Thursday each month
No meeting until further notice.

Huntington's Disease Support Group

Council On Aging of
West Florida
875 Royce St.
Pensacola, FL 32505
August 3 @ 10:00 a.m.

