# **Escambia County Senior Dining Site Activities**

# August 2024

	COUNCIL ON
Ċ	OF WEST FLORIDA, INC.  EST. 1972

Monday	Tuesday	Wednesday	Thursday	Friday
AmeriCorps Seniors  United Way	ELDER AFFAIRS STATE OF FLORIDA	Northwest Florida Area Agency on Aging, Inc.  "Improving the guality of life for elders" since 1979	3, 5, 8, 18 Mon-Fri Open for SIT DOWN Meals 2) Speaker: Legal Services	3, 5, 8, 18  Mon-Fri  Open for SIT DOWN MEALS
3, 5, 8, 18  Mon-Fri  Open for SIT DOWN Meals  3) Bingo	3, 5, 8, 18  Mon-Fri  Open for SIT DOWN Meals  5) Speaker: Prescription Drug Tips	3, 5, 8, 18  Mon-Fri  Open for SIT DOWN Meals  3) Birthday Luncheon	3, 5, 8, 18  Mon-Fri  Open for SIT DOWN Meals	3, 5, 8, 18 Mon-Fri Open for SIT DOWN Meals 4) Speaker: Emergency Preparedness
3, 5, 8, 18 Mon-Fri Open for SIT DOWN Meals 3) Bingo	3, 5, 8, 18 Mon-Fri Open for SIT DOWN Meals  5) Speaker: Center for Independent Living	3, 5, 8, 18 Mon-Fri Open for SIT DOWN Meals 3) Omelets and Waffles with Judy	3, 5, 8, 18 Mon-Fri Open for SIT DOWN Meals 2) Speaker: Dawn Dorman; Making a Healthy Change	3, 5, 8, 18 Mon-Fri Open for SIT DOWN Meals
3, 5, 8, 18  Mon-Fri  Open for SIT DOWN Meals  3) Bingo	3, 5, 8, 18  Mon-Fri  Open for SIT DOWN Meals  3) Speaker: Elder Abuse and Identity Theft  5) Speaker: Emergency Preparedness	3, 5, 8, 18  Mon-Fri  Open for SIT DOWN Meals  3) Bingo  18) Speaker: Dawn Dorman; Making a Healthy Change	3, 5, 8, 18  Mon-Fri  Open for SIT DOWN Meals	3, 5, 8, 18 Mon-Fri Open for SIT DOWN Meals 4) Speaker: Dawn Dorman; Making a Healthy Change
3, 5, 8, 18 Mon-Fri Open for SIT DOWN Meals 3) Bingo	3, 5, 8, 18 Mon-Fri Open for SIT DOWN Meals 8) Speaker: Emergency Preparedness	3, 5, 8, 18  Mon-Fri  Open for SIT DOWN Meals	3, 5, 8, 18  Mon-Fri  Open for SIT DOWN Meals	30 3, 5, 8, 18 Mon-Fri Open for SIT DOWN Meals

### **Senior Dining Sites**

Site 1 Gull Point Community Center 7000 Spanish Trail (850) 494-7360

#### **GRAB & GO**

#### Site 2

Mary K. Young-Wedgewood Center 6405 Wagner Rd. (850) 471-6137

#### **GRAB & GO**

#### Site 3

AHEPA 296 Apartments 10:00 - 2:00 (Residents ONLY) (850) 266-2512

#### **Meal Serve Time: 11:30**

#### <u>Site 4</u>

Fricker Community Center 900 N. "F" St. (850) 436-5195

#### GRAB & GO Mon, Thurs, Fri

#### <u>Site 5</u>

Cobb Community Center 601 E. Mallory St. (850) 436-5564

#### **Meal Serve Time: 11:00**

#### Site 6

Westwood Homes 4400 Westover Ave. (850) 292-9868

#### **GRAB & GO**

#### <u>Site 7</u>

Bayview Senior Center 2000 E. Lloyd St. (850) 436-5190

#### **GRAB & GO**

#### Site 8

Century Senior Center 6025 Industrial Blvd. (850) 256-1012

#### Meal Serve Time: 11:00

#### Site 9

Fairfield Manor Apartments 3390 W. Park Place *(Residents Only)* (850) 266-2512

#### Meal Serve Time: 11:00

#### **Site 11**

Brownsville Manor Senior Apt. 910 W DeSoto St. (850) 266-2512

#### **GRAB & GO**

#### **Site 12**

Revelation Christian Ministries 2400 Michigan Ave. 850-266-2512

#### **GRAB & GO**

#### **Site 14**

Westminster Retirement Village Bldg. 1, 1700 N. "L" St, 2nd FL (850) 433-7642

#### GRAB & GO

#### **Site 15**

Westminster Retirement Village Bldg. 5,1951 W. Blount St. 4th FL (850) 433-5036

#### **GRAB & GO**

#### **Site 18**

Beulah Senior Center 7425 Woodside Rd. (850) 941-6057

#### Meal Serve Time: 11:00

# **Support Group Meetings**

# **Grandparents Raising Grandchildren**Council On Aging of West Florida 875 Royce St.

Pensacola, FL 32505

Second Thursday each month

August 8 @ 6:00 p.m.

Reservations Required - 850 432-1475

## **Huntington's Disease Family Support**

Council On Aging of West Florida 875 Royce St. Pensacola, FL 32505

## August 3 @ 10:00 a.m.

## Holley – Navarre

Intermediate School
1936 Navarre School Rd
First Thursday each month
No meeting until further notice.

# Caregiver Support Groups Myrtle Grove Baptist Church

5920 Lillian Hwy.
Pensacola, FL 32506
Last Thursday each month
August 29 @ 9:00 a.m.